



EMOTION WORKS RECOVERY PROGRAMME

Summer Term Roll-out 2021: Quick Start Guide & Hot Links

Please remember to [login](#) to be able to access the hot link members content

A video recording to help you navigate the Recovery Programme website can be found on the [Quick Start Training Page](#)

3Rs: USING RELATIONSHIPS, REGULATION & RELEVANCE TO SUPPORT RECOVERY IN EDUCATION –

- Click through the Training Slideshow on the [3R's / Emotion Works Wider Framework Training Page](#). There are 30 slides. Read over the information and activity suggestions to get a sense of the 3Rs approach. You can make notes on the printable [Slideshow Handout](#).
- Consider how well you currently use Trauma principles and practices in your work with pupils (as a school or individual practitioner) using the Evaluation Tool provided on the [Settling Back to School / 3Rs Teaching Page](#). Familiarise yourself with the 3 x 3Rs plans previewed in the same slideshow and decide whether to create a whole school, class, group or individual 3Rs plan for the pupils you work with.
- Your 3Rs plan/s should be implemented over the course of the Recovery Programme to support pupils settle back to school and learning. The Evaluation Tool will help you assess your progress in taking a trauma informed approach in your school.

PUPIL BASELINE ASSESSMENTS –

To help you identify where your pupils are with their emotional literacy before starting with the Cog Teaching programme, we provide a choice of 2 baseline assessment options:

- [‘Quick’ Assessment Tool](#) – A quick check-in to assess knowledge about Emotion Words and known Regulation Strategies – can be used for whole school / class groups / smaller groups or individuals.
- [‘Timed’ Assessment Tool](#) – Offers a more in-depth way to assess knowledge and understanding around the first 5 cog concepts – can be used with a class group, smaller groups or individuals.

Both of these assessments can be repeated at a later date after using Emotion Works over a period of time to help track progress. For other assessment and evaluation tools to help you measure and track impact on pupils, staff and your school, please see our [Assessment & Evaluation Page](#).

THE EMOTION WORKS ‘COG’ TEACHING PROGRAMME –

TRAINING PROGRAMME LINKS	TEACHING PROGRAMME LINKS
INTRODUCING THE EMOTION WORKS CURRICULUM	
<p>STAFF TRAINING To get up and running as quickly as possible we suggest you use:</p> <p>Step 1:</p> <ul style="list-style-type: none"> • Component Model Introduction training handout • Print or download a Training Booklet • Watch minutes 1-6 of the Component Model Introduction Training Film <p>Step 2:</p> <ul style="list-style-type: none"> • Print or download a Progression Document • Watch minutes 6-9 of the Component Model Progression Training Film • Work through the slideshow referring to your Progression Document (slideshow sits on the page below the training film – link above). <p>Keep the training and progression documents handy as you will need to refer to them throughout the modules.</p>	<p>SHARING WITH PUPILS Week 1: 5-cog Model introduction for Pupils</p> <p>Week 1 Teaching Page</p> <p>INCLUDES:</p> <ul style="list-style-type: none"> • Slideshow + Activity - for First/Second Level - 5-cog introductory slideshow with reporter task • Slideshow + Activity - for Early/First Level - 5-cog introductory slideshow with sorting task • Activity - ALL Levels – Ideas for a cogs & gears classroom theme with links to internet resources • Printable / Digital Resources – ALL Levels - a collection of posters, worksheets, cogs, activity sheets that can be used creatively for learning / displays over the coming weeks

TAKING A CLOSER LOOK AT THE ORANGE COG

STAFF TRAINING

Orange Cog [Training](#)

KEY RESOURCES include:

- Orange Cog [training handout](#)
- Orange Cog [resource bundle](#)

SHARING WITH PUPILS

Week 2: **A closer look at the Orange Emotion Words Cog**

[Week 2 Teaching Page](#)

INCLUDES:

- **Slideshow + Activity - for First/Second Level** - Closer look at the Orange Cog slideshow with fact-file and literacy tasks –
- **Slideshow + Activity - for Early/First Level** - Closer look at the Orange Cog slideshow with word collage and literacy tasks –
- **Activity - ALL Levels** - Using the idea of an emotional rollercoaster to expand emotion word learning - ALL Levels
- **Activity - Early/First (maybe Second) Levels** - Teacher guidance for using a ‘cognifying glass’ for Emotion Word-spotting
- **Activity - ALL Levels** - Orange Cog Emotion Word displays

TAKING A CLOSER LOOK AT THE GREEN COG

STAFF TRAINING

Green Cog [Training](#)

KEY RESOURCES include:

- Green Cog [training handout](#)
- Green Cog [resource bundle](#)

SHARING WITH PUPILS

Week 3: **A closer look at the Green Behaviours Cog**

[Week 3 Teaching Page](#)

INCLUDES:

- **Slideshow + Activity for First/Second Level** - Closer look at the Green Cog slideshow with sorting task
- **Slideshow + Activity for Early/First Level** - Closer look at the Green Cog slideshow with collage task
- **Activity - ALL Levels** - Rollercoaster responses - showing different emotions
- **Activity - ALL Levels** - Joe Wicks with a Green Cog twist
- **Activity - ALL Levels** - Linking Emotion Words and Emotion Behaviours through Art

TAKING A CLOSER LOOK AT THE RED COG

STAFF TRAINING

Red Cog [Training](#)

KEY RESOURCES include:

- Red Cog [training handout](#)
- Red Cog [resource bundle](#)

SHARING WITH PUPILS

Week 4: **A closer look at the Red Body Sensations Cog**

[Week 4 Teaching Page](#)

INCLUDES:

- **Slideshow + Activity for First/Second Level** - Closer look at the Red Cog slideshow with acrostic poem
- **Slideshow + Activity for Early/First Level** - Closer look at the Red Cog slideshow with follow-up collage task
- **Film Clip for Teachers / ALL Levels** – Emotion Works in Practice. Learning about the Red Cog
 - **Activity - ALL Levels** - Noticing and paying attention to the senses and body sensations

TAKING A CLOSER LOOK AT THE YELLOW COG

STAFF TRAINING

Yellow Cog [Training](#)

KEY RESOURCES include:

- Yellow Cog [training handout](#)
- Yellow Cog [resource bundle](#)

SHARING WITH PUPILS

Week 5: [A closer look at the Yellow Triggers Cog](#)

[Week 5 Teaching Page](#)

INCLUDES:

- **Slideshow + Activity for First/Second Level** - Closer look at the Yellow Cog slideshow with triggers task
- **Slideshow + Activity for Early/First Level** - Closer look at the Yellow Cog slideshow with triggers task
- **Activity - ALL Levels** - Revisiting 'Lockdown Memories' and 'Coronacoasters' to make orange cog - yellow cog links
- **Activity - ALL Levels** - Looking out for Emotion Triggers in Books and Stories
- **Activity - ALL Levels** – Feel Good Triggers

TAKING A CLOSER LOOK AT THE BLUE COG

STAFF TRAINING

Blue Cog [Training](#)

KEY RESOURCES include:

- Blue Cog [training handout](#)
- Blue Cog [resource bundle](#)

SHARING WITH PUPILS

Week 6: [A closer look at the Blue Regulation Cog](#)

[Week 6 Teaching Page](#)

INCLUDES:

- **Slideshow + Activities for First/Second Level** - Closer look at the Blue Cog slideshow with follow-up tasks
- **Slideshow + Activity for Early/First Level** - Closer look at the Blue Cog slideshow with follow-up tasks
- **Activity - ALL Levels** - Regulation Strategies – Practice Ideas
- **Activity - ALL Levels** - Lockdown Memories – coping with feeling bored, frustrated and fed-up. Includes a document compiled by a member with hotlinks to stimulus clips.

REVISITING THE 5-part MODEL

STAFF TRAINING

Component Model – Revisit [Training](#)
Component Model Progression – Revisit [Training](#)

SHARING WITH PUPILS

Week 7: [Revisiting the 5-part Model](#)

[Week 7 Teaching Page](#)

INCLUDES:

- **Slideshow - ALL Levels** - 5 Cog Model Displays – Classroom, Corridor & Playground
- **Printable / Digital Resources - ALL Levels** – a collection of posters, worksheets, cogs, activity sheets that can be used creatively for learning / displays
- **Slideshow - ALL Levels** - Learning About Single Cogs – Your Work Shared
- **Slideshow - ALL Levels** - Literacy Ideas using the First 5 Cogs

AS A FIRST EMOTION WORKS ROLL-OUT, STOPPING AT THIS POINT WOULD WORK WELL FOR PUPILS AT ALL LEVELS & STAFF TO CONSOLIDATE THE FIRST 5 COGS FOR A WHILE. THE STRETCH FOR FIRST & SECOND LEVEL PUPILS COULD COME FROM THE DEPTH OF UNDERSTANDING OF EACH COG, RELATED VOCABULARY AND APPLICATION TO A WIDER VARIETY OF CONTEXTS. ALTERNATIVELY, YOU COULD CONTINUE TO PROGRESS ON TO THE GREY & PURPLE COGS (ACCORDING TO LEVEL) IF IT FEELS RIGHT FOR YOUR PUPILS.

THE GREY COG & 6-PART MODEL

STAFF TRAINING

Grey Cog / 6-part Model [Training](#)

KEY RESOURCES include:

- Grey Cog [training handout](#)
- Grey Cog [resource bundle](#)

First & Second Level only (Early Level consolidates 5 –part model)

SHARING WITH PUPILS

Week 8: Introducing the Grey Cog / 6-Cog Model

[Week 8 Teaching Page](#)

INCLUDES:

- **Slideshow + Activities for First/Second Level** - Closer look at the Grey Cog slideshow with activities
- **Activity - First/Second Level** – Design Your Own Emotion Works Intensity Rater

THE PURPLE COG & 7-PART MODEL

STAFF TRAINING

Purple Cog / 7-part Model [Training](#)

KEY RESOURCES include:

- Purple Cog [training handout](#)
- Purple Cog [resource bundle](#)

Second Level only (Early / First Level consolidate 5-part and 6-part models)

SHARING WITH PUPILS

Week 9: Introducing the Purple Cog / 7-Cog Model

[Week 9 Teaching Page](#)

INCLUDES:

- **Slideshow + Activities for Second Level** - Closer look at the Purple Cog slideshow with influences / poster / fact-file tasks
- **Activity - for Second Level** - The Influence of Coronavirus Slideshow & Storyboard / Writing Task

CONSOLIDATION / ASSESSMENT / PLENARY / CELEBRATION

Plan towards a showcase of work to take place in the last week(s) of term.

For inspiration, browse our [Competition Gallery](#) to see the fantastic examples of work shared by schools who took part in #EWrecovery 2020.

If you've enjoyed using the Recovery Programme and found it a useful resource for staff and pupils, we hope you'll stay on with us at Emotion Works with a full membership.

Our [Beyond Recovery Training](#) will help you take the next steps to making use of the resources and practice ideas on the main website to tie Emotion Works teaching in with your planning across a wide range of curriculum areas and themes.

Week 10: Consolidation / Assessment / Plenary / Celebration

SHARING WITH PUPILS

Congratulations on completing the Emotion Works Recovery Programme, and if applicable, your first roll-out of Emotion Works across your school. Read more over on the website:

[Week 10 Teaching Page](#)

INCLUDES:

Reminders and links for revisiting the cogs, using the models & pupil assessment.

- **Slideshow - ALL Levels** - Consolidating learning about the first 5 cogs and using the 5-part model
- **Slideshow - First Level** - Consolidating learning about the Grey Cog and using the 6-part model
- **Slideshow - Second Level** - Consolidating learning about the Purple Cog and using the 7-part model
- **Slideshow – ALL Levels** – Revisiting the rollercoaster theme to reflect on cog learning

FOLLOW-UP ASSESSMENT – ALL Levels

Ideally you should carry out your follow-up task with the same group or individual in the same or similar context as you did the first assessments. We've created an [Assessment & Evaluation Page](#) with several documents for pre and post reflection:

- Quick Assessment - [Quick Assessment](#)
- Timed Assessment - [Timed Assessment](#)
- Teacher Competencies Evaluation Tool – [Teacher Evaluation](#)
- 3Rs School Evaluation Tool - [School Evaluation](#)

FURTHER SUPPORT

Don't forget, part of our membership service is to help and support you to engage with the training content and get you started putting it into practice.

- If you get stuck at any point, please feel free to reach out to our Practice Support Team, contacting vicki@emotionworks.org.uk in the first instance
- For more informal support, our members only [Emotion Works Practitioners Facebook page](#) is an excellent forum for connecting with others also using Emotion Works – but please answer the membership question to gain access otherwise we will have to decline your request
- Our Twitter feed [@EmotionWorksCIC](#) is also a great place to find a rich source of practice ideas and examples where alongside our own tweets you'll see tweets from Emotion Works teachers and schools if you search for the tags #EmotionWorks #EWrecovery #EWcommunity
- FULL MEMBERS – Our main website is where we host our [Full Members Platform](#) with extra training and guidance, and hundreds of digital resources and practice ideas to plan your own lessons and roll-outs in your own context.
- For a more formal, step-by-step roll-out similar to #EWrecovery which followed a Lockdown and wellbeing theme, watch out for #EWliteracy which we'll be running from August and #EWcreativity, with Literacy and Expressive Arts themes respectively.

To upgrade to full membership now or in the future, our full package information is summarised below. For more information, please link to our [Online Shop](#), or feel free to call us on 0131 669 1122 to progress your order.

FULL SCHOOL PACKAGES 2021

Please ask for options for very small schools



small
5-9 classes
10-20 staff



medium
10-17 classes
20-40 staff



large
18-25 classes
40-60 staff

BASIC PACKAGE HARD COPY RESOURCES

- ✓ Staffroom poster and dialogue tool
- ✓ Basic starter resource pack for each class / teacher
- ✓ Resources for a central communal area

small School Package

BASIC £750

includes
#EWrecovery

medium School Package

BASIC £1250

includes
#EWrecovery

large School Package

BASIC £1750

includes
#EWrecovery

PREMIUM PACKAGE EXTRA HARD COPY RESOURCES

- ✓ Additional hard copy resources across classes and levels as required
- ✓ Large 'Playground' Cogs for indoor/ outdoor display and teaching

small School Package

PREMIUM £1500

includes
#EWrecovery

medium School Package

PREMIUM £2250

includes
#EWrecovery

large School Package

PREMIUM £3000

includes
#EWrecovery

WEBSITE MEMBERSHIP ACCESS FOR ALL FULL SCHOOL PACKAGES

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|-----------------------|--|
| | ✓ School/Group license (renewal fee currently £250) |
| 1 YEAR LICENSE | ✓ Access to full website membership content and services - includes online staff Training & Guidance, Digital Resources & Practice Ideas |
| | ✓ Specialist Programme access (incl. #EWrecovery & #EWliteracy) |
| 2 YEAR LICENSE | |

Your school license/membership cost is matched to the size of your school and staff group. The balance of your budget will be allocated to hard copy resources for classrooms, support bases and communal areas.